

## Jay M. Marks D.M.D., F.A.G.D.

COSMETIC& FAMILY DENTISTRY

"We Create Beautiful Smiles

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## **Post Op for Tooth Colored Fillings**

Your anesthesia will wear off in approximately 1 to 3 hours after the procedure. It is very important not to chew on the numb side (to prevent biting tongue, lip, etc.) until the anesthesia wears off.

Your tooth (or teeth) may be sensitive to hot, cold or pressure from this procedure. This is COMPLETELY normal. The more invasive the procedure, the more sensitivity you may experience. The possible symptoms of hot, cold or pressure will cease within a few days to a couple of weeks. In very few instances, this sensitivity could last longer than a couple of weeks. As long as your teeth or gums are continuing to feel better, (not staying the same, or getting worse) everything is fine. There is no need for concern.

We may have prescribed ibuprofen (Motrin). This IS NOT for pain. Ibuprofen is to reduce the inflammation in the area worked on, and will further eliminate hot, cold and pressure sensitivity if taken as directed. If you are allergic to or cannot tolerate ibuprofen (Motrin, Advil, etc) please advise us. If discomfort continues for more than a couple of weeks, please call our office at 203-778-8048.

Once the anesthesia has worn off and you feel as though any of the teeth we have worked on are hitting first, please give the office a call immediately. This imbalance with your bite may cause further discomfort and should be adjusted.